

BREAKFAST MENU

(Last orders 11:45am)

HOMEMADE GRANOLA	7.00
Organic Oats, roasted nuts and seeds, Greek yoghurt, fresh berries & honey (1,7,8,11) (V)	
FRESH PORRIDGE	7.00
Creamy Oat porridge, natural yoghurt, banana, super seeds & honey (1,7,11) (V)	
FRENCH TOAST	9.95
Served with toasted walnuts, banana, blue berries, maple syrup (1,3,11,12) (add bacon €2)	
EGGS BENEDICT	11.00
Smoked bacon, poached eggs, rocket, hollandaise sauce on toasted ciabatta (1,3,11,12) (add smoked salmon €4.00)	
BUOYS FULL IRISH	12.95
Sausages, bacon, black & white pudding, grilled tomato, flat cap mushroom, poached egg and toasted sourdough (1,3,11,12)	
BUOYS MINI IRISH	9.95
1, sausage, 1, bacon, grilled tomato, flat cap mushroom, poached egg, toasted sourdough (1,3,11,12)	
VEGGIE BREAKFAST	10.50
Grilled tomato, flat cap mushroom, scrambled egg and toasted multiseed sourdough (1,3,11,12) (V)	
POACHED EGGS & AVOCADO TOAST	9.95
With grilled tomato, rocket leaf, hollandaise sauce (3) (V) (add smoked salmon €4.00) (add bacon €2)	
BELGIAN WAFFLE	9.95
Smoked bacon, fresh berries, and maple syrup (1)	
MEXICAN BEANS & AVOCADO ON TOAST	9.95
Black beans, onion, tomato, coriander, lime, avocado on toasted sourdough (VE) (V)	

ALLERGENS: 1.Gluten, 2.Crustacens, 3.Egg, 4.Fish, 5.Peanuts, 6.Soybeans, 7.Dairy, 8.Nuts, 9.Celery, 10.Mustard, 11.Sesame Seeds, 12.Sulphate, 13.Lupin, 14.Molluscs,
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(GF – Gluten Free) (V – Vegetarian) (VE – Vegan)

Service charge is not included. 10% service charge applies on parties of 6 or more.
Our food is cooked to order so please allow 20 minutes. If you have any food Allergies, please
let your server know at time of ordering. All our beef is guaranteed Irish in origin and all our
fish is fresh.

www.buoyskitchen.com

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